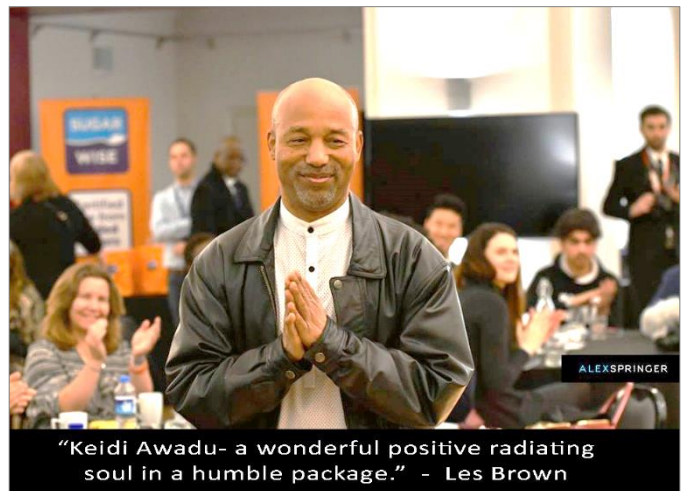


# Chef Keidi – Living Superfood™ Nutrition



Celebrity chef, a dynamic main-stage speaker, and one of the most productive health-research writers for the generation, **Chef Keidi Awadu** is on a powerful mission to spread his unique gospel of perfect health. Audiences are consistently amazed at a depth of health-science wisdom that Chef Keidi serves up to support his claim that “Food is Nature’s most perfect medicine and medicine has *never* tasted like this before.” He is the creator of the **Living Superfood** brand of nutrition-dense, raw vegan cuisine, as well as the author of six books touting the Living Superfood clinical nutrition system.

Crowds turn out to see the chef all over the world, often traveling thousands of miles to attend his workshops, lectures and course certifications. They come for the tastiest vegetarian and vegan food they’ve ever sampled, and are blown away as the award-winning culinary artist doubles as the cellular biologist. Chef Keidi entertains as he educates, explaining how every ingredient of every dish plays a critical role in supporting the highest quality of nutrition that the diet can support. Each year the author has published multiple books, richly detailed and supported by cutting-edge research, to confirm his place as one of the leading health authorities of our time.



The Chef lives what he teaches, demonstrating that seniors and busy executives can serve as the pinnacle of physical strength, youthfulness, disease avoidance, and sheer mind power. His transition to raw vegan spans four decades, now serving celebrity clients as well as assisting those with life-threatening chronic diseases achieve miraculous success. Now Chef Keidi wants the world to realize that perfect health is as close as your dinner plate. Let your food be your medicine, and trust Chef Keidi to teach you these secrets so that you “Don’t get sick, stay off drugs, and live a long time.”